# **ANNUAL EXAMINATION - 2077**

**Grade: VIII Full Marks: 50**

**Subject: HPE Pass Marks: 20**

**Time: 1 hour and 30 minutes**

1. **Fill in the blanks. [10]**
   1. Health is an invaluable gift of ……………….
   2. Health post provides services and conducts programs in …………
   3. Smoking causes premature death and …………..
   4. Cocaine hash’s and opium are ………. drugs.
   5. Adolescence is associated with many …………. changes.
   6. A bone which is broken is said to be ……………
   7. Our body is made up of millions of …………..
   8. ………… was herbs and precious metals for the treatment of diseases.
   9. Adolescence is the period between the age ……. to ………
   10. ………. Provides multi-dimensional curative health services.
2. **Draw a labelled diagram of a neuron. [5]**
3. **Answer the following questions. [10 \* 3 = 30]**
   1. How can mental health be improved?
   2. Why is regular health examination important?
   3. List out immediate effects of Narcotic drugs.
   4. What are the effects of smoking?
   5. List out the drawbacks of a joint family.
   6. Why is family health necessary for a better community?
   7. Name some national level hospitals.
   8. Explain the basic health services in your community.
   9. List out the personal responsibilities of adolescents.
   10. What is reproductive health?
4. **Write short notes on Health Post. [5]**

*Best Wishes!!!*